

SLAO:s yellow book

Important information
about ski lifts and
downhill skiing



Folksam

Produced by SLAO in cooperation with Folksam,
for improved ski lift and skiing safety.
Valid from 1 September 2016.

Piste markings

These symbols and colours
indicate the level of difficulty

Pistes/jumps

- ◆ difficult
- intermediate
- easy
- very easy
- ◇ unprepared ski route

Markings along the edge of the piste:

Orange, bright yellow and green/red
poles or green/red cylinders mark
the outer edge of the piste.

Warning poles

Poles with black and yellow stripes
are used as warning signs and/or to
close off a piste. Do not ski in the
vicinity.

snörapporten

Snörapporten.

Up-to-date informa-
tion about snow depth,
weather conditions, ava-
lanche risk, open/closed
pistes and lifts, etc.

www.snorapporten.se

Traffic rules for alpine skiers

- 1. BE ALERT – BE CONSIDERATE**
Behave in such a way that you do not risk causing an injury to anyone else.
- 2. ADJUST YOUR SPEED**
and skiing style to the terrain, equipment, weather and your own skiing ability.
- 3. CHOOSE YOUR DIRECTION**
Skiers starting downhill must avoid skiers ahead of them.
- 4. TAKE CARE WHEN SETTING OFF!**
Look both uphill and downhill to make sure the piste is clear before you start your run.
- 5. STOP ONLY WHERE YOU CAN BE SEEN**
If you must stop – do so only where you are clearly visible and others can ski around you.
If you fall – move clear of the piste as soon as possible.
- 6. ALLOW A MARGIN WHEN OVERTAKING**
Maintain a large enough distance to ensure that the skier you are overtaking has enough space.
- 7. CLIMB UP BY THE SIDE OF THE PISTE**
Always climb up by the side of the piste. This is particularly important when visibility is poor.
- 8. RESPECT THE SIGNS**
Rules and instructions on the slopes are there for the enjoyment and safety of your-
self and others. Follow them!
- 9. PROVIDE ASSISTANCE**
You must provide assistance in the event of accidents. If you are involved in an
accident, you must provide your name and address.
- 10. NOTIFY STAFF**
Notify the staff if you come across obstacles, hazards or accidents
on the ski lifts or pistes.

Anyone in breach of the rules may be held liable for this!



Photo: Klippen, Daniel Rönnbläck.

Försäkringen Skidklar

- Olycksfallsförsäkring som gäller i alla svenska skidanläggningar som är medlemmar i SLAO.
- Ersätter läkekostnader och utnyttjade kostnader för stughyra och liftkort.
- Ingen självrisk.
- Väljer du Skidklar Plus gäller försäkringen året om för både skidåkning och sommaraktiviteter i backar och spår.

Köp din
försäkring på
[folksam.se/
skidklar](http://folksam.se/skidklar)

About the Ski route

- * A Ski route is a trail intended for skiing and snowboarding which is not monitored or prepared, but which is marked and avalanche-controlled only during normal ski lift operating hours.
- * A ski route has natural obstacles such as trees and large rocks.
- * In terms of difficulty, ski routes are comparable to off-piste skiing and are not prepared.
- * The resort is only responsible for closing the ski route in case of risk of avalanche.

Offpiste skiing

- * Downhill skiing outside marked trails, off-piste, is done at the skier's own responsibility.
- * Off-piste there may be natural obstacles and hazards, but also objects that have been placed there by the ski resort or others and which are not visible, marked or cordoned off, such as pipelines.
- * When skiing in areas where there is a risk of avalanches, you must be aware of snow conditions and rescue equipment and you need to have a companion. Never ski alone outside marked pistes.

Always check the ski area's up-to-date
avalanche information.

Things to remember

- * Downhill (or alpine) skiing is a sport that involves elements of risk for the skier.
- * Make sure that you have a full set of safe equipment that cannot fall off.
Do check with the staff or ski shop on site.
- * Use an approved helmet and ideally also a back protector.
- * The ski resort's snowmobiles, piste machines and other vehicles/work equipment may be in use on the pistes even during the ski area's hours of operation.
- * Crossed skis on a slope are used to mark an accident.
- * Hold the ski poles in your outside hand on a T-bar lift or in front of you on a chairlift so that you don't risk causing injury to either the lift operator or anyone else.
- * Skiing conditions, snow conditions and weather conditions can deteriorate so rapidly that dangers can arise even on a marked piste.
- * SLAO strongly discourages skiing while wearing a baby sling or carrier since it involves considerable risks.
- * Be aware of the risk of dropped skis, etc. on chairlifts.
- * Wind and speed increase the risk of frostbite.
- * Pay special attention to children, who often move suddenly and unexpectedly.
- * The ski patrol, who are dressed in blue/yellow clothes, are committed to ensuring your safety and enjoyment.
- * A good technique reduces the risk of injury – take ski lessons.
- * Waxed and ground skis and snowboards make skiing and snowboarding safer, easier and more fun.
- * The ski school may have right of priority to some lifts.

Park tips:

- * Choose a piste classification and obstacles that match your skill level.
- * Do a slow first run to check out the prevailing conditions at the snowpark.
- * Slow down if visibility is poor or landings are hard.
- * Wear a helmet!

Park rules:

- * Don't go too fast – riding at the park is done at your own risk.
- * Drop in – start your ride at the top of the park, check that landings are clear.
- * Keep moving – don't stop in a landing or in any other place where you are not visible to others.
- * Stay on your trail – do not cross over to other trails.
- * Ride with caution – respect the safety of yourself and others.
- * Check – jumps, halfpipes, rails, etc. before you use them.

Have fun!

Photo: Skistar, Ola Mattsson.



SLAO

Pedagogens väg 2
SE-831 40 Östersund
Tel. +46 63 132395
slao@slao.se
www.slao.se

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Folksam
För allt du bryr dig om

Skiing and ski lift rules

For the enjoyment and safety of others as well as yourself, you must be aware of the following.

Downhill skiing refers to skiing on the ski area's slopes using skis and snowboards, as well as sit-skis and skicarts for disabled skiers. A list of approved ski equipment can be found at slao.se.

All skiing is done at the skier's own responsibility. Choose pistes based on your skill level and experience. Adjust your speed and skiing style to the terrain, equipment, weather and your own skiing ability.

It is the skier's responsibility to be aware of and adhere to safety and traffic rules. Follow the instructions for ski lifts and pistes.

The skier/snowboarder is responsible for their own equipment. It is the skier's/snowboarder's responsibility to ensure that equipment cannot be dropped or in some other way cause injury or damage to persons, lifts or other facilities.

The ski area's responsibility, according to the safety regulations, comprises the area within ski lifts and marked pistes, as well as marked ski routes.

The ski area's responsibility, according to the safety regulations, is confined to the hours of operation of the ski lifts.

General safety regulations

- * Always follow signs and the ski area's instructions that set out skiing and ski lift etiquette at the ski area.
- * After dark and during evening opening hours, skiing and snowboarding is only permitted on pistes which have lights and/or are open.

- * Skiing and snowboarding is not permitted in areas that are closed or cordoned off.
- * Unauthorised persons do not have access to the ski resort outside opening hours, since it is a place of employment.
- * Dismantling of protection nets and mattresses may be reported to the police. Riding on these and other equipment is both prohibited and represents a danger to life.
- * Toboggans, bicycles, sledges, snowmobiles, etc., and any other means of transport/vehicles that do not belong to the ski area are not permitted at the ski area at any time.
- * Walkers/pedestrians and dogs and skiers using skis to walk up marked pistes are not permitted at any time.
- * Alcohol is as inappropriate when skiing as in any other transport situation. Persons who are under the influence of alcohol or drugs will be refused entry.
- * Snowskates, snowbikes, snowsurfers, etc. must have a safety leash.

Safety regulations, on the slopes

- * Reckless skiing and snowboarding could result in liability for damages.
- * Keep your distance from the piste machine and other work equipment – maintain a safety zone of at least 25 metres.
- * Adjust your speed to be able to avoid all kinds of obstacles. Do not ski or snowboard in the vicinity of natural obstacles and moving or fixed resort objects because of the risk of collision.
- * Trails, runs and jumps must not be built or erected without permission from the responsible staff at the ski area.
- * Very easy slopes and ski trails should be regarded as slow-speed areas.
- * Downhill skiing in ski lift tracks/button lift tracks is not permitted.
- * No safety measures are undertaken outside marked pistes.
- * Competitions and competitive training must take place in a separate area from public skiing and are subject to permission from the responsible staff.

Safety regulations, ski lifts

- * Always follow the ski area's instructions on ski lift etiquette.
- * Embarkation and disembarkation is only permitted in the designated area.
- * Leave the disembarkation area immediately.
- * Persons under 125 cm must not use a chairlift without being accompanied by a person over 140 cm.
- * Do not rock the chairlift and never jump from a chairlift.
- * Do not wear loose scarves, wraps, straps, etc. that could get caught in the lift or equipment.
- * Snowboarders should have one foot free while waiting for the lift, during boarding and while travelling uphill on a drag lift or chairlift.
- * Moving in a zig-zag pattern is not permitted while travelling uphill using a lift.
- * Do not straddle the T-bar lift.
- * Always release the T-bar lift straight below the wire and never in front of a lift pole.
- * In case of falls on the lift track – leave the track immediately and using extreme caution, ski/walk away to the nearest downhill piste, or alternatively, slide/walk down by the side of the lift track.

Recklessness and/or anyone in breach of the rules may be held liable for this, which could result in liability for damages.

General Terms and Conditions

Adopted by SLAO in cooperation with the Swedish Consumer Agency. Valid from 01/09/2016.

These terms and conditions apply between SLAO and the operational management of the individual ski areas. The terms and conditions should be used between the consumer and the operational management for activities at ski areas. Operational management refers to those who have legal and financial responsibility for activities at the ski area. Ski area refers to ski lifts and marked pistes.

Ski pass, validity

- One-day & multi-day passes** Valid during ordinary hours of operation on the date/s stated on the ski pass.
- Half-day pass** Valid during ordinary hours of operation for the part of the day stated on the ski pass.
- Season pass** Valid during ordinary hours of operation from the time the respective ski area opens for the season until it closes.
- Punch or stamp card** Valid for an indefinite period unless an end date is given.
- Hourly pass** Valid during ordinary hours of operation for the number of hours stated on the ski pass.
- Single run** Valid for one or more runs as stated on the pass.

Using the ski pass

- * A ski pass is your personal property and must not be transferred. Transferring the pass may result in the ski pass being cancelled. Consumers must be able to prove that they are the rightful owner of the ski pass and the ski pass must be available for manual checks on request. These rules do not apply to punch or stamp cards.
- * A lost or defective ski pass will be replaced with the same type of ski pass for the remainder of the validity period on presentation of proof of purchase, including identification number where applicable.
- * Any unused period of validity of a ski pass will not be refunded. However, special rules apply in case of injury or sickness confirmed with a doctor's certificate.
- * Ordinary ski pass prices may apply even if not all pistes and ski lifts are in operation or if some lifts are closed due low demand.
- * Ordinary ski passes apply to disabled consumers. If a ski companion is required, he/she will be entitled to a free ski pass with the same period of validity as the ski pass held by the disabled consumer, provided that the consumer has a current licence which shows the name of the ski companion.

Information to be provided in connection with sales of ski passes

For sales of ski passes, in addition to the information required by law, the following information must also be provided:

- * The period of validity of the ski pass and the name or designation of the ski area/s where the ski pass is valid.
- * Ski area operating hours.
- * Any restrictions on the right to use the ski area at certain times.
- * Where possible, any current restrictions on the use of the ski area the ski pass is valid for, such as stoppages, current competitions, reduced activities due to maintenance, work, obstacles or underlay defects, and any projected interruptions of service due to weather conditions.
- * General and special regulations, stipulations and instructions that apply to the visitor.

Refunds in case of interruption of service

If it has not been possible to use part of the lift system to the extent that the consumer has had reason to expect, due to interruption of service, the consumer is entitled to a refund. Refunds are not due for temporary and short-term stoppages due to repair and maintenance, which for safety reasons must be carried out immediately and cannot be performed at other times.

If the interruption of service was caused by events outside the control of the operational management, such as a power cut, high winds, fog and other, similar conditions that the operational management could not have foreseen when the ski pass was sold, or the consequences of which could not be avoided, the following will apply:

- * Refunds are not due for interruptions of service of a duration of less than 1/3 of the period of validity of the ski pass.
- * By interruption of service is meant that fewer than 1/3 of the ski area's ski lifts that are open for the season and operating at the time of the interruption, are in use.
- * Refunds due to interruptions of service should correspond to the portion of the ski pass period of validity that could not be utilised.

Refund in the event of injury or sickness

Refund of a ski pass due to injury or sickness is offered for the period the ski pass could not be used, on presentation of a doctor's certificate. Refunds are paid on condition that the consumer has not used 2/3 or more of the period of validity of the ski pass.

Operational management's responsibility

The operational management is responsible for ensuring that the ski resort complies with current safety requirements, which means that the resort must be inspected and approved by an accredited inspection body, and that it otherwise complies with SLAO's regulations.

Furthermore, the operational management is responsible for the provision of a safe service according to the Swedish Product Safety Act (2004:451) and a ski area that is in a satisfactory condition, given weather and terrain conditions.

The consumer's responsibility

The consumer is obliged to be aware of, and adhere to, the specific instructions for use of the ski resort and the local safety regulations announced by the operational management. Anyone in breach of material safety and general regulations may have their ski pass cancelled without compensation or may be prohibited from using the ski resort for a specific period of time.

The consumer has a responsibility to understand and adjust his/her skiing or snowboarding ability to the chosen piste, and to ensure that his/her own equipment is safe. Parents and other adults accompanying children are obliged to supervise their children while visiting the resort, and to ensure they receive the supervision and assistance they require in view of their age, ability and other circumstances.



Photo: Göran Assner/View



Photo: Göran Assner/View

SLAO's members are continuously undertaking preventive safety measures at the ski area in order to offer their visitors a safe service in accordance with the Swedish Product Safety Act.